



DECODE YOUR SOURCE CODE

A beginner's numerology handbook and workbook

Life Path · Expression · Soul Urge · Personality · Personal Year · master numbers

Worked examples, exercises with answers, printable reference sheets

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The one rule: reduction and master numbers

Almost everything in numerology comes down to one operation. You add some digits, you get a total, and you reduce that total to a single digit by adding its digits again. 47 becomes $4 + 7 = 11$; 11 would become $1 + 1 = 2$. The single digits 1 to 9 are the nine “root” numbers and each has a profile (Chapter 8).

The one twist is the master numbers. If a reduction lands exactly on 11, 22 or 33, you stop there and keep it. A master number is read as an amplified version of its root (11 is a loud 2, 22 a loud 4, 33 a loud 6): the same theme with the volume up, more potential and more strain. Chapter 8 has a profile for each.

THE RULE

1. Add the digits of the number.
2. If the result is 11, 22 or 33, stop: that is the answer.
3. If the result is 10 or more, add its digits again and go back to step 2.
4. Otherwise you have a single digit: that is the answer.

Worked examples

NUMBER	WORKING	RESULT
47	$47 \rightarrow 11$	11 (master, kept)
39	$39 \rightarrow 12 \rightarrow 3$	3
29	$29 \rightarrow 11$	11 (master, kept)
56	$56 \rightarrow 11$	11 (master, kept)
65	$65 \rightarrow 11$	11 (master, kept)
74	$74 \rightarrow 11$	11 (master, kept)
38	$38 \rightarrow 11$	11 (master, kept)
100	$100 \rightarrow 1$	1
11	already a single digit	11 (master, kept)
66	$66 \rightarrow 12 \rightarrow 3$	3

Notice 66: it adds to 12 and then to 3. Only 11, 22 and 33 are kept. 44, 55 and the rest reduce normally in this system, as they do in the calculator; some authors treat 44 as a master number, but we do not, and neither does the site.

Life Path

The Life Path is the number most people mean when they say "my number". It comes from the birth date alone and describes the road: the recurring situations and lessons of a life, the kind of terrain you keep finding yourself on. It does not change.

How to calculate it

1. Reduce the month to a single digit. (December is $12 \rightarrow 3$; November is $11 \rightarrow 2$, never 11.)
2. Reduce the day. Keep 11 or 22 if the day is the 11th, 22nd or 29th ($29 \rightarrow 11$).
3. Add the four digits of the year and reduce; keep a master number if you land on one ($1984 \rightarrow 22$).
4. Add the three results and reduce once more, keeping master numbers.

Reducing each part separately before adding is what makes master numbers possible at all: if you simply added every digit of the date together you would lose them. It is also why two people born a day apart can have very different Life Paths.

Worked examples

MAYA LINDQVIST, BORN MARCH 14, 1992

LIFE PATH

Month 3

Day $14 \rightarrow 5$

Year $1992 \rightarrow 1 + 9 + 9 + 2 = 21 \rightarrow 3$

Add $3 + 5 + 3 = 11$

Life Path 11 (master number; root 2)

THEO ABERNATHY, BORN NOVEMBER 29, 1984

LIFE PATH

Month $11 \rightarrow 2$ (months always reduce to one digit)

Day $29 \rightarrow 11$ (master number kept)

Year $1984 \rightarrow 1 + 9 + 8 + 4 = 22$ (master number kept)

Add $2 + 11 + 22 = 35 \rightarrow 8$

Life Path 8

PRIYA NAKAMURA-REYES, BORN JULY 7, 2001

LIFE PATH

Month 7

Day 7

Year $2001 \rightarrow 2 + 0 + 0 + 1 = 3$

Add $7 + 7 + 3 = 17 \rightarrow 8$

Life Path 8

The twelve number profiles

Read a profile the same way every time: theme, then “at its best”, then “under pressure”, then the line for the position you are reading (Life Path, Expression, Soul Urge, Personality or Year). The pressure line is written to be uncomfortable. If a profile flatters you and nothing in it stings, you have probably picked the wrong number or you are reading the wrong person.

1 The Starter

beginning, independence, initiative

At its best	Starts things nobody else will start and keeps going after the applause stops. Comfortable deciding alone.
Under pressure	Decides alone even when it should not, hears advice as interference, and mistakes stubbornness for strength.
As a Life Path	A life that keeps handing you blank pages. The lesson is to begin without waiting for permission.
As an Expression	A toolkit built for launching: original ideas, quick decisions, a tolerance for being first and wrong.
As a Soul Urge	You want to be the author of your own life, and to be recognised as the one who started it.
As a Personality	Read as confident and direct, sometimes as brusque, before people learn how much you care.
As a Personal Year	A planting year. Begin the thing. What you start now sets the next eight years.

2 The Partner

cooperation, patience, sensitivity

At its best	Notices what others miss, holds a room together, and gets results by timing rather than force.
Under pressure	Absorbs everyone else's mood, avoids the necessary argument, and disappears inside a partnership.
As a Life Path	A life that works through relationships. The lesson is to keep your own shape while staying close.
As an Expression	A toolkit for diplomacy: listening, mediating, sensing the moment. Support roles where you are quietly essential.
As a Soul Urge	You want closeness and harmony, and to be needed by someone you trust.
As a Personality	Read as gentle, approachable and a little reserved. People confide in you early.
As a Personal Year	A waiting year. Things you began last year are growing underground. Tend relationships; do not force.

Your chart worksheet

Fill this in for yourself, then check every number against numerology.pardesco.com/decode/full-reading/. Print as many copies as you like for family and friends.

NAME AND DATE

LIFE PATH

MONTH	REDUCED	DAY	REDUCED	YEAR DIGITS	REDUCED	SUM	LIFE PATH

FULL BIRTH NAME, ONE LETTER PER BOX, VALUE UNDERNEATH

TOTAL

REDUCE

NUMBER

Expression (all letters)

Soul Urge (vowels)

Personality (consonants)

PERSONAL YEAR 2026

YEAR DIGITS	MONTH	DAY	SUM	REDUCE	PERSONAL YEAR

SOUL CODE

LIFE PATH ROOT → RED	EXPRESSION ROOT → GREEN	SOUL URGE ROOT → BLUE	HEX

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